



What is Aural Rehabilitation (AR)?

- **Aural rehabilitation uses strategies to improve communication for people with hearing loss.**
- **It can have long term effects on participation in social activities, reducing mental burden during conversations, and improving overall quality of life.**

Who provides AR?

- **Audiologist:** Learning about how hearing loss affects you, is the first step they need to ensure they can help you.
- **Speech Language Pathologist (SLP):** The specialty of an SLP will enhance.
- speech and language communication, when applicable.
- **Online:** You can choose to take online courses to compliment your AR training

Cindy Nierenberg Licensed Speech/Language Pathologist, California

Certified by the American Speech and Hearing Association (ASHA)

Master’s degree in communication Disorders

Over 30 years of clinical practice in Speech Therapy

Clinical focus in Geriatric Speech and Swallowing disorders, including Aural Rehab therapy, and staff education regarding Aural Rehab assessment and treatment.

Amazing Hearing Aural Rehabilitation Class Dates 2024

Class Fee is \$15 per class ~ Prepay & Register

Please arrive at 2:00 pm to check in

Classes will begin at 2:15 pm

Florance Sylvester Senior Center

23721 Moulton Pkwy, Laguna Hills, CA 92653

July 16, 2024

October 15, 2024

August 20, 2024

November 19, 2024

September 17, 2024

December 17, 2024